

March 2023

Dear families

We will be taking part in this year's **Wear Red Day on Thursday 20 April 2023** as part of the British Heart Foundation's Wear Red campaign.

Wear Red Day is a day when many people wear red to show their support for the awareness of heart disease.

All students and staff are invited to wear red clothing on Thursday 20 April 2023 and students will participate in a physical activity that helps to promote heart health.

The day will involve raising awareness of the importance of keeping active to promote heart health. For further information on how you can support, including making donations as well as information you may want to share with your child in advance of the day, please visit <https://www.bhf.org.uk/>

Thank you for your continued support.

Yours faithfully,

Mrs Batool
Assistant Principal

