

March 2026

Dear families

From Monday 16th March 2026 Year 4 Teesside swimming lessons will be changing. Weekly swimming sessions will now take place in a 4-week block for girls only and then a 4-week block for boys only. Students will walk to the University of Bradford swimming pool (on Great Horton Road) and will be taught by fully qualified swimming instructors. Staff from Dixons Music Primary will be accompanying pupils for the full swimming session. This change has been made to support in delivering a higher quality hour long swimming session. Please find below the dates for each session.

Classes: Year 4, Teesside **Girls only**

Place of visit: Unique Fitness, Bradford University Swimming Pool

Purpose of visit: Physical Education – to develop swimming skills, in line with the National Curriculum

Date of visit: 16.03.26, 23.03.26, 13.04.26, 20.04.26

Time departing school: 12:30pm

Time arriving back at school: Students will arrive back before the end of the school day

Trip contribution: Free

Students must wear: Black school uniform and bring their swimming kit

Classes: Year 4, Teesside **Boys only**

Place of visit: Unique Fitness, Bradford University Swimming Pool

Purpose of visit: Physical Education – to develop swimming skills, in line with the National Curriculum

Date of visit: 11.05.26, 18.05.26, 1.06.26, 8.06.26

Time departing school: 12:30pm

Time arriving back at school: Students will arrive back before the end of the school day

Trip contribution: Free

Students must wear: Black school uniform and bring their swimming kit

Pupils will need to bring their swimming kit every Monday. Their swimming kit should contain:

- Swimming costume/swimming trunks or shorts (please note that three-quarter length swimming shorts are not allowed)
- A towel
- A bag appropriate for carrying wet clothes
- A swimming hat (optional)

If your child wishes to wear additional clothing (such as leggings) for modesty, they must be made from a waterproof lycra material. These restrictions are set by instructors at the swimming pool for our pupils' health and safety. Any child without the appropriate swimming kit will not be allowed to enter the pool.

Pupils will **not** have the opportunity to shampoo and dry their hair at the pool due to strict timings at the pool. If you wish for your child to return with dry hair, a swimming cap should be worn. Pupils must wear their black PE kit on this day.

Kind regards

Mrs Keenan and Mrs Afshan
Teesside Class Teachers

