

January 2026

Dear families

Weekly swimming sessions for Year 4 Teesside class will begin on **Monday 9th February 2026** for 12 weeks. Pupils will walk to the University of Bradford swimming pool (on Great Horton Road) and will be taught by fully qualified swimming instructors. Staff from Dixons Music Primary will be accompanying pupils for the full swimming session.

Classes: Year 4, Teesside

Place of visit: Unique Fitness, Bradford University Swimming Pool

Purpose of visit: Physical Education – to develop swimming skills, in line with the National Curriculum

Date of visit: Every Monday

Time departing school: 12:30pm

Time arriving back at school: Students will arrive back before the end of the school day

Trip contribution: Free

Students must wear: Black school uniform and bring their swimming kit

Pupils will need to bring their swimming kit every Monday. Their swimming kit should contain:

- Swimming costume/swimming trunks or shorts (please note that three-quarter length swimming shorts are not allowed)
- A towel
- A bag appropriate for carrying wet clothes
- A swimming hat (optional)

If your child wishes to wear additional clothing (such as leggings) for modesty, they must be made from a waterproof lycra material. These restrictions are set by instructors at the swimming pool for our pupils' health and safety. Any child without the appropriate swimming kit will not be allowed to enter the pool.

Pupils will **not** have the opportunity to shampoo and dry their hair at the pool due to strict timings at the pool. If you wish for your child to return with dry hair, a swimming cap should be worn. Pupils must wear their black PE kit on this day.

Please return the slip below to the school office by **Friday 30th January 2026**.

Kind regards

Mrs Keenan and Mrs Afshan
Teesside Class Teachers

Year 4 Teesside Swimming Lessons (2025- 2026)

Name of student: _____ Class: Teesside

I give permission for my child to attend the weekly swimming lessons at the University of Bradford Swimming Pool

Parent Signature: _____ Date: _____

