

October 2026

Dear families

Personal Development Parent Curriculum Workshop – Thursday 8 October, 2:15pm

We would like to invite you to join us for a **Personal Development Parent Curriculum Workshop**, where you will have the opportunity to find out more about what your child learns at school and how we support them to develop the knowledge, skills and understanding they need to thrive.

From September 2026, updated **Department for Education statutory guidance** has come into effect. During the workshop, we will explain what this means for primary schools and how our curriculum reflects these changes. The updated guidance includes learning around healthy relationships, online safety, physical and mental health, personal safety and preparation for adult life. **Department for Education statutory guidance:** [Relationships Education, Relationships and Sex Education \(RSE\) and Health Education – September 2026](#)

At Dixons Academies Trust, we are committed to ensuring that every student receives a high-quality **Personal Development Studies (PDS)** education that helps them to be safe, healthy, happy and successful, which includes the statutory Relationships, Sex and Health Education curriculum. Our approach remains rooted in **safeguarding, inclusion, respect and preparation for life in modern Britain**. Learning is taught in an **age-appropriate, factual and balanced way**, supporting all students to thrive.

The Dixons Academies Trust **Relationships and Sex Education (RSE) and Health Education Policy** explains our Trust-wide approach to Relationships, Sex and Health Education. **Dixons Academies Trust RSE and Health Education Policy:** [View the Trust policy](#)

We know that parents and carers are an important part of their child's learning journey, and we want to make sure you feel **informed, involved and confident** about what your child is learning and why.

During the workshop, we will take you behind the scenes of our curriculum and explore:

- The key knowledge and skills children develop throughout primary school and how their learning builds from one year group to the next.
- Some of the approaches we use in school to help children remember, understand and apply what they have learned.
- How we help children to become **safe, healthy, happy and successful**, including learning about relationships, health, wellbeing, staying safe and preparing for life as they grow up.
- What **Relationships, Sex and Health Education (RSHE)** looks like in our school, including how we teach children about friendships and relationships, growing and changing, physical and mental health, personal safety and staying safe online.

There will also be plenty of time for you to ask questions. We particularly welcome questions about areas of the curriculum that you may be less familiar with or would like to understand in more detail. We want this to be a friendly and open opportunity for families to understand what we teach, why we teach it and how you can support your child at home.

We recognise that as children grow and develop, families may have questions about how topics such as relationships, growing up and health are explored in school. Our aim is to give you the opportunity to understand how these areas are taught and to provide reassurance about the care and thought that goes into our curriculum.

We would love to see as many families as possible and look forward to welcoming you into school.

Thank you, as always, for your continued support and partnership.

Yours faithfully

Mrs McMaster PD Pioneer & KS2 Lead Teacher

