

Menu Items – Cycle 1 Weeks 1-3	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Week 1														
Cheese Burger, Bun, Curly fries, Salad & ketchup.		Wheat✓					✓					May✓contain		✓
Vegetarian Salad Burger, Curly fries, Salad & ketchup.		Wheat✓					✓					May✓contain		
*Chicken nuggets, Sautéed Potatoes & Spaghetti Hoops.	✓	Wheat✓					✓							
Battered Fish Fillet, Sautéed Potatoes & Spaghetti Hoops.		Wheat✓			✓									
Vegetable Finger, Sautéed Potatoes & Spaghetti Hoops.		Wheat✓												
Cheese & Tomato Pasta in a Classic Tomato & Basil Sauce, Topped with Grated Mozzarella Cheese, Garlic Bread, Sliced Cucumbers. .		Wheat✓					✓						✓	
Mexican Chicken Rice, Corn on The Cob, Tortilla Chips.														
Mexican Vegetable Rice, Corn on The Cob, Tortilla Chips.														
Jacket Potato, Cheese, Baked Beans & Salad. (v)							✓							
Week 2														
Battered Chicken Burger, Bun, Sautéed Potatoes & BBQ Beans.	✓	Wheat✓												
Vegetable Burger, Bun, Sautéed Potatoes & BBQ Beans.		Wheat✓												

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Chicken Tikka & Grated Cheese Panini, Sliced Cucumbers & Nachos. (May Contain Rye Barley, Oats)		Wheat✓					✓		✓			✓	✓	
Grated Cheese & Pepper Panini, *Corn Nacho's & Cucumber (May Contain Rye Barley, Oats)		Wheat✓					✓		✓			✓	✓	
Chicken Meatballs, Tomato & Basil Sauce, Tri-colour Fusilli Pasta, Mixed Grated Cheeses. Garlic and Herb Bread		Wheat✓					✓						✓	
Vegan Meatballs, Tomato & Basil Sauce, Tomato & Basil Sauce, Tri-colour Fusilli Pasta, Mixed Grated Cheeses. Garlic and Herb Bread (v)		Wheat✓					✓		✓				✓	
Vegetarian Pilau, Garlic and Coriander naan bread, raita. (v)														
BYOB, Tuna Mayo, Cheese & Salad		Wheat✓		✓	✓		✓		✓			✓		
BYOB, Cheese & Salad (v)		Wheat✓					✓					✓		

Week 3

Margherita Naanizza, Salad & Chips. (v)		Wheat✓					✓							
SFC Chicken Mini Fillet Wrap, Steamed Vegetable Rice	✓	Wheat✓												
Vegetarian Fillet Wrap, Steamed Vegetable Rice (v)		Wheat✓												
Arrabiata penne pasta, Tri Colour Pasta with Garlic and Herb Bread, Grated Mozzarella Cheese. (v) * Steamed Broccoli		Wheat✓					✓						✓	



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Chicken Pilau, Garlic and Coriander Naan and Riata.		Wheat✓					✓							
Vegetarian Pilau, Garlic and Coriander naan bread, raita (v)		Wheat✓					✓							
BYOB - Build Your Own Baguette, Tuna Mayo, Grated Cheddar Cheese, sweetcorn and Salad Cheese & Sweetcorn. (v)		Wheat✓		✓	✓		✓		✓			✓		
BYOB Build Your Own Baguette, Grated Cheddar Cheese, Sweetcorn and Salad		Wheat✓		✓			✓		✓			✓		
Desserts / Primary Snacks														
Home Baked Milk Chocolate Cookie		Wheat✓		✓			✓						✓	
Choco Crunch Flapjack –		Wheat, Barley, Oat✓					✓							
Fruit														
Vegan Chocolate Cake		Wheat, Oat✓												
Ice- Cream							✓							
Chocolate Doughnuts		Wheat✓		✓			✓						✓	
Flapjack		Wheat, Barley, Oat✓												
Brownie		Wheat✓		✓			✓						✓	
Chocolate Oreo Cake		Wheat✓		✓			✓						✓	



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Raspberry Swirl Sponge		Wheat✓		✓			✓							
Snacks														
Potato Puffs														
Custard creams		Wheat✓					✓					May✓Contain		
Chocolate Digestive biscuits		Wheat✓					✓						✓	
Bourbon creams		Wheat✓					May							
Jam Rings		Wheat✓		May✓Contain			✓						✓	
Breakfast and Break snacks														
Buttered Toasted Wholemeal Bread		Wheat✓					✓							
Buttered Crumpets		Wheat✓					✓							
Buttered Currant tea cakes		Wheat✓					✓					May✓Contain		
Cheesy Naan Pizza		Wheat✓					✓							
Cheese On Toast		Wheat✓					✓							
Pastries		Wheat✓		May✓Contain			✓			May✓Contain			✓	
Scrambled eggs		Wheat✓		✓			✓							
Chicken Sausage		Wheat✓												✓
Quorn Sausage		Wheat✓		✓			✓							
Baked beans / Tomatoes														



