

ALLERGEN SHEET



Menu Item	Celery	Cereals containing Gluten	Crustaceans (Shellfish)	Eggs	Fish	Lupin	Milk	Molluses (Shellfish)	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Southern Fried Chicken Burger, Bun, Garlic Sautéed Potatoes & Burger Sauce	√	WHEAT		✓			✓					✓	✓	✓
Vegetable Burger, Bun, Garlic Sautéed Potatoes & Burger Sauce		√ WHEAT		✓			✓					✓	✓	✓
Pizza Panini - Rich Tomato Sauce & Grated Mixed Cheese Panini, Nacho's *Cucumber		WHEAT					✓		✓			✓	✓	
Grated Mixed Cheese & Tomato Panini, Nacho's *Cucumber		WHEAT					✓		✓			✓	✓	
Roasted Red Pepper & Broccoli Pasta, Mixed Grated Cheese, Garlic Bread & Mixed Salad		WHEAT					√		√				✓	
Chicken Taco's, Taco Shell, Vegetable Rice, Garlic Mayo and Salsa * Wraps		WHEAT					√							
Fresh Vegetable Taco's, Taco Shell, Vegetable Rice, Garlic Mayo and Salsa * Wraps		WHEAT					✓							
Baked Jacket Potato, Grated Mixed Cheddar & Mozzarella Cheese, Tuna Mayo, Salad		WHEAT		✓	✓		√							

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Chicken Katsu, Basmati Rice, Spring Onion & Carrot Sticks	✓	WHEAT												
Vegetarian Katsu, Basmati Rice, Spring Onion & Carrot Sticks		WHEAT												
Stone Baked Margarita Pizza, Fries, ketchup & Mixed Salad		WHEAT					✓		✓				√	
Chicken Tikka & Grated Mixed Cheese Panini, Nacho's Cucumber & Tomato Salad		WHEAT					✓		√					
Build Your Own Baguette — Tuna Mayonnaise Grated Mixed Cheese, Salad & Crisps		WHEAT		✓	✓		✓					✓		
Southern Fried Chicken Wrap, Sliced Garlic Sautéed Potatoes & Salad		√ WHEAT					✓							
Cajun Vegetable Wrap, Sliced Garlic Sautéed Potatoes & Salad		√ WHEAT												
Desserts														
Chocolate Chip Cookies		WHEAT		✓			✓			May Contain			✓	
Biscoff Brownie		WHEAT		✓			✓							
Blueberry Muffin		✓		✓			✓							

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Cornflake Krispies		WHEAT, OATS												
Oat & Raisin Cookie		WHEAT, OATS		√			√							
Chocolate Brownie		WHEAT		✓			✓							
Chocolate Chip Muffin		WHEAT		✓			✓							
White Chocolate & Strawberry Swirl Cake		WHEAT		✓			✓							
Double Chocolate Chip Cookies		WHEAT		✓			✓							