

ALLERGEN SHEET



Menu Item	Celery	Cereals containing Gluten	Crustaceans (Shellfish)	Eggs	Fish	Lupin	Milk	Molluscs (Shellfish)	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Main Course														
Katsu Chicken, Served with Steamed Basmati Rice and Peas.	√	√ WHEAT							✓					
Breaded Veggie Patti, Served with Steamed Basmati Rice, Peas & Curry Sauce.		WHEAT												
Tomato & Sweetcorn Pasta, Served with Garlic Bread & Cheese.		WHEAT					✓						✓	
Margerita Pizza, Chips & Ketchup		WHEAT					✓		✓				✓	
Lamb Sizzler, Seasoned Potatoes, Mint Sauce & Wrap		WHEAT											✓	✓
Vegetable Sizzle, Seasoned Potatoes, Mint Sauce & Wrap.		√ WHEAT												
Build Your own Baguette, Cheese, Tuna, Crisps & Cucumber.		WHEAT		✓	✓		✓		✓					
Cheese & Onion Pasty, Waffle Fries & Baked Beans.		WHEAT					✓							
Tomato Pasta, with Garlic Bread Cheese and Salad.		WHEAT					✓						√	

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Menu Item		Gluten			11311	Lupin		(Shellfish)	Mustard					Sulphur Dioxide
Chicken Tikka Panini, served with Crisps & Dip.		WHEAT					✓		✓					
Cheese & Pepper Panini, served with Crisps & Dip.		WHEAT					√		✓					
Vegetable Burrito, with Mexican Rice, Wrap & Cheese.		WHEAT					✓							
Jacket Potatoes with Cheese, Tuna, or Baked Beans.				√	✓		√		✓					
Creamy Veg Pie.		WHEAT					√							
Caesar Dressing.				✓	√		1							
Vinaigrette.	√													
Mayo.				✓					✓					
Desserts														
Cola Cake.		WHEAT		✓			✓							
Mini Muffin.		WHEAT		✓			✓							
Mini Doughnuts.		WHEAT, OATS		√			✓						✓	

	Celery	Crustaceans (Shellfish)	Eggs		3				3	2	Sesame seeds		
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Sponge Cake.	✓ WHEAT		✓			✓							
Flap Jack.	M/C WHEAT												
Ice Lollies.													
Jam sponge.	√		√										
imary Snack													
Hash Brown Bites.	√ WHEAT		√			✓							
Cheese roll.	✓					✓							
	WHEAT												
Biscuit selection.	WHEAT WHEAT					√						√	