

Memory

TTG

HDC

AOT

APO

Look at these strings of letters for 10 seconds. Cover up the letters...

Can you remember the order of these letters? It's hard because they don't mean anything to us.

We could probably remember them given more time.



Memory

CAT

DOG

TOP

HAT

Now look at these strings of letters for 10 seconds.

Cover up the letters...

Can you remember the order of these letters?

It's easier because the words are meaningful; they're in our long term memory; the first two are animals and a top hat is a piece of clothing

We don't remember when we learn something; instead it happens over time and that is what we are talking about today.



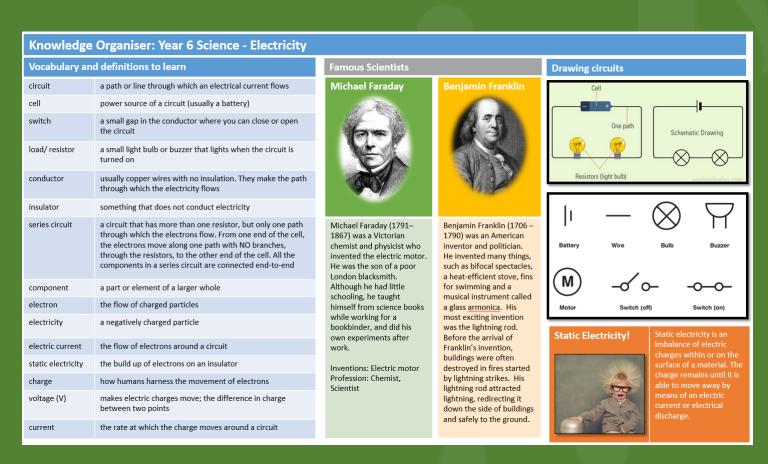
Long Term Memory

- Students need to commit knowledge and facts to their long term memory
- This helps them to understand the new learning being taught in school
- The process of retrieving facts helps to improve their long term memory



100% Sheets/ Knowledge Organisers

- Start of a unit
- The knowledge needed to understand the lesson
- Needs to be committed to long term memory
- Needs revising frequently
- Will be 'quizzed' in school





The Leitner System

https://www.youtube.com/watch?v=d9u3KxGCio8&feature=youtu.be

- Revise for 1 week
- Then keep quizzing yourself or with a family member
- Switch the quizzing around "If is the answer, what is the question?"
- Look back over older 100% sheets; can you still remember the knowledge?



Quizzing

- Students will be quizzed in most lessons where 100% sheets have been issued
- These are 'low stakes' quizzes rather than tests so they are fun and do not create stress or anxiety
- Regular quizzing helps students retrieve information when they're about to forget it
- Retrieval practice is what helps students learn and remember better!

